



Photo by Kate Max Stock

## DECEMBER 2020: Home + Soul Connection

I love gift lists. I would buy five-six magazines during this time and scope out all the great gift ideas. I enjoy creating my own lists of finds, including a gift list shared in our October blog supporting local small businesses.

I no longer buy those beautiful magazines. I miss them, but they kept me focused on the "stuff" and not the reason for the season. When we started our own decluttering journey two-and-a-half years ago, I had no idea I would be at this point, although I hoped to be.

I bought early and local this year for most on my personal gift list. I did put my heart into selecting the gifts, but I let my soul guide me in the purpose and longevity of each gift.

As a Professional Organizer during Year One of Mermaid, I acquired a greater appreciate for how others live and the meaning of home. Instagram worthy-Before and After pictures are fun and make for good business references, but it is not why I love what we do here at Mermaid.

I am passionate about building home + soul connections. Houses serve as our functional shelters, but home is a place to rejuvenate, build memories, relish in your interests, explore your talents, and embrace and entertain loved ones.

We do not build those connections with extrinsic value - organizing products and labels, those are just visual cues and outcomes that help you put things back in place. We build those connections by exploring how you live, what you need and enjoy in this current chapter or prepare for a new chapter coming. It is taking the time to invest in the intrinsic value - purposeful and deeply meaningful spaces.

Exploring what each space means, how it should serve you, and how it makes you feel is Job One of organizing.

Organizing is a means to help you thoroughly enjoy your home and release its potential to serve you and all who live in and visit you.

What does a Professional Organizer do? Partner with you to build your soul connection to your home.

Your home should reflect you and all of your different angles. The eyes are the window of your soul, and so should the visual aspects of your spaces whether through art, music, sunshine, family, or nature

It's an honor to build and grow this connection between you and your home, and to do that we build soul connections with you. Organizing can be transactional, but what makes it special and a professional service is the joyous mission of creating Home for you.

I cannot resist... I must share a gift list! Here are my favorites:

1. Restorative sleep
2. Loads of greens
3. Cozy fresh blanket
4. Mug of warm goodness
5. Good reading light
6. Nature walks
7. Time with who you love
8. Time to reflect on blessings and gratitude

9. Time for do what you love

10. Time to explore new adventures

Make sure YOU are on your gift list.

Wishing you and yours a wonderful Holiday season.

Love, our Mermaid family